

INSTRUCTIONS FOR RIO DE URI EXERCISE

LOGISTICS

Room Arrangement

- Tables for 4-6 are set before people arrive.
- Given number of participants, prepare tables accordingly
- During exercise people will be invited to choose 2 tables (each with a different question)
- Plan for 20 minute conversations at each table.
- Everyone may not engage with every question.
- Designate table host for each table prior to event.

MATERIALS:

- Large roll of white paper - create drawing to of a river flowing - about 4-6 feet in length. Place on wall with easy access.
- Place one question on each table.
- Cover tables with butcher paper, crayons, markers
- If there are approx. 60 people - ten tables (6 each)
- Planners can choose to 4-5 questions/topics - participants choose to engage with two questions during activity.
- Conversations - 20 minutes each. (45 minutes total in conversation and in motion between tables.)
- Play lively music as people switch tables.

Table Host Responsibilities:

- Table host creates a safe ambiance and a sense of closeness with participants
- Help the group to stay focused
- Briefly share key insights from the prior conversation so others can link and build using ideas from their respective tables
- Remind people to jot down key connections, ideas, discoveries and deeper questions as they emerge.
- Table host records highlights of conversation on template and later records this information onto computer.
- Remain at the table when others leave and welcome travelers from other tables

Closure: "Rio de Uri" mural is on wall. Each person takes one (or more) colored papers (cut into various river symbols) and places one item (words or phrases) arising from the conversations that are most significant to him or her to contribute to the Rio de Uri. Collective review - What is our Rio de Uri teaching us?